

Equality Delivery System for Vita Health Group

Introduction

The Equality Delivery System (EDS) was made available in June 2011. It was formally launched on 11 November 2011. Following an evaluation of the implementation of the EDS in 2012, and subsequent consultation with a spread of NHS organisations, a refreshed EDS is now available.

The main purpose of the EDS was, and remains, to help local NHS organisations (or those who deliver NHS services), in discussion with local partners including local people, review and improve their performance for people with characteristics protected by the Equality Act 2010. By using the EDS effectively, organisations can also deliver on the Public Sector Equality Duty (PSED).

EDS is a generic tool designed for both NHS commissioners and NHS providers.

EDS is mandatory across all VHG NHS services and is advisable across all other services.

We completed EDS within 3 of our NHS services, as well as internally amongst staff and VSM (very senior management) level. This document represents the summary for our organisation based on these aforementioned stakeholder groups, and should be considered as a snapshot of Vita Health Group's EDS scoring.

EDS Rating and Score Card

Please refer to the Rating and Score Card supporting guidance document before you start to score. The Rating and Score Card supporting guidance document has a full explanation of the new rating procedure, and can assist you and those you are engaging with to ensure rating is done correctly

Score each outcome. Add the scores of all outcomes together. This will provide you with your overall score, or your EDS Organisation Rating. Ratings in accordance to scores are below

Undeveloped activity – organisations score out of 0 for each outcome	Those who score under 8, adding all outcome scores in all domains, are rated Undeveloped
Developing activity – organisations score out of 1 for each outcome	Those who score between 8 and 21, adding all outcome scores in all domains, are rated Developing
Achieving activity – organisations score out of 2 for each outcome	Those who score between 22 and 32, adding all outcome scores in all domains, are rated Achieving
Excelling activity – organisations score out of 3 for each outcome	Those who score 33, adding all outcome scores in all domains, are rated Excelling



Domain 1: Commissioned or provided services

Domain	Outcome	Evidence	Rating	Owner (Dept/Lead)
Durgin 1: Commission of access to the service service	•	 Self-referral available via telephone and online, with assisted referrals via GPs and health professionals. Partnership Liaison Officer actively engaging with a wide range of community groups, including working closely with social prescribers. Range of marketing materials (including multi-lingual) and campaign with a focus on hard-to-reach groups. Younger Adults 	Calderdale: Achieving B&B: Developing LLR: Excelling	
	 Understanding generation cohorts and cultural norms of different age brackets. Liaise with CAMS where appropriate for patients transitioning between child and adult services. Attend School Cluster meetings, providing information to all Head Teachers. Attend University's and College's to give talks on service. Engage with District Youth & Community Commissioner on local projects. 			
		Older Adults		
		 Set up Coffee & Craft morning in local supermarket. 		



 Commonly liaising with Age UK, working alongside Staying well on "befriending service", away days, etc. Engagement with local care homes, GP surgeries, churches, libraries, and mosques and other services providing warm spaces. Advertising materials being developed that includes representation of older adults, as well as trolley keys, coasters, cups and activity booklet. Presented to Careers First and member of Dementia Action Alliance Board (Basildon & Billericay) to raise awareness of services. Engagement with local care homes. 	
 Disability Recite (text to speech) service on website. Large print & easy read resources/letters. Disability Awareness Training for all colleagues, LTC (long term conditions) training for practitioners, plan within the service that all practitioners 1yr+ post-qualified to complete top-up training. Creating an MDT between VHG, Health Psychology and local hospitals to improve referral process. Active records kept with regards to LTCs coming into services, area of focus to improve access for diabetes. Linked in with diabetic nurses culminating in a meeting, the design and creation of leaflets to be distributed to social prescribers, GPs, etc. to give to patients upon diagnosis. Materials produced which cover fibromyalgia, chronic pain, NME and the link between mental and physical health. Venues for treatment are accessibility friendly including lifts, pathways, etc. 	



	LTC trained practitionersFocus also on awareness of neurodiverse conditions such as	
	ADHD and Autism and training of colleagues to ensure inclusivity.	
	• Online portal for self-referrals which aids certain service users with disabilities to access the service more readily and easily.	
	 Engage with Special Needs And Parents (SNAP), Brighter Opportunities for Special People (BOSP) and Frontline 	
	Partnership supporting young adults with special needs and disabilities.	
	Member of local Disability Board.	
Ма	rriage and Civil Partnership	
	• Couples Therapy for Depression provided as pilot – not yet currently widely available.	
	Work closely with Citizens Advice Bureau.	
Pre	gnancy, Maternity, Paternity	
	 Perinatal pathway – new parents access/get into therapy and assessment faster. 2 weeks for assessment, 4 weeks to access therapy. 	
	• Connection with Sure Start, children's centres, local perinatal mental health team, birth centres and midwifery.	
	• Mumbler, silver package to advertise on website alongside a blog run over the course of 2022 which focussed on perinatal information.	
	• Materials created including perinatal leaflets, tabletoppers for perinatal team, posters & cards.	
	 Promote services via local Hospital Patient Magazine & Radio. 	
Rac	e	



 Recite (text to speech) service on website. Working alongside company to produce audio materials in languages used by key demographics in Calderdale (Czech, Arabic, Polish, Slovakian, Urdu), as well as audiovisual self- help materials to be distributed alongside therapy. PLO area of focus is connecting with temple/mosque/other influential religious leaders. On demand Interpreter Services available to support access to the service. Over 100 languages available, including minority languages. Common practice to adjust for patient comfort re. gender of clinician, interpreter, involvement of partner, etc. Leaflets explaining our service and what is on offer in different languages. Member of local Community Diversity Council and work with local Side by Side. Attended event to support local Ukraine Support Promoted services via local County Council Travellers
 Promoted services via local county council revenents Outreach Team. Religion/Belief Social media platforms used and adverts tailored to ramadan, eid, and other religious days. Common practice to adjust for patient comfort re. gender of clinician, interpreter, involvement of partner, etc. PLO linked in with local places of worship including Mosques, Temples and Churches. Sex Promote services at Dads'r'Us. Specific advertising targeted at males and females, including different posters, backgrounds, backdrops and banners.



 Working with women over the age of 50 from minoritised ethnicities. Materials sent for display to Women's Centre, which is a female-only space, all material sent produced with women only. PLO engagement with charities supporting women's welfare such as FREEVA. Promote services at Andy's Man Club & Men's Shed. Women Menopause Podcast distributed to local charities & organisations and a member of local Women's Institute. Full page editorial in local bourough magazine (80,000 distribution direct to homes).
 Sexual Orientation & Gender Reassignment Promoting service at Pride meetings and events. Engagement and attendance at Pride with VHG colleagues, local LGBTQIA+ charity and local university. Patient registration details adhering to SOMIS (Sexual Orientation Monitoring Information Standard) requirement by NHS, and additional options for gender being investigated. Exploration of pronouns/appropriate identity support with new assessment template. "As a service, we aim to be inclusive. Is there any aspect of your identity that would be useful for me to know? This can be used to enhance the way we work together." Working closely with individuals going through the transitioning process, clinician's sensitive to the needs of individuals impacted by this and mental health support required.



	A person-centred approach to patients and their needs including them in discussions regarding their therapy and the format in which their treatment will be delivered. (E.g., Telephone, Video, Face to Face).	Calderdale: Achieving B&B: Developing
1B: Individual patients (service users) health needs are met	 Age Materials available in different formats, large print and easy read available. Different modes of communication available for those who are hard of hearing including captioning and the offer of faceto-face therapy. Face to face clinical appointments in local areas, data shows that older adults prefer to visit local GP Surgeries/local community locations including libraries. Face to face clinics offered in areas with most prevalence of older adults. Disability Video or face to face sessions available for those who lip read, BSL Interpreters available. Materials printed on coloured paper backgrounds, larger font size, easy read, etc. Following NHS Good Practice Guides. Service allows extended sessions which include stretch breaks, as well as shorter sessions to accommodate as needed. Follow STAMP/STOMP NHS guidance to reduce those with neurodiverse needs reliance on medication. Flexible DNA policy. Allowance of extra sessions beyond the standard IAPT structure. Development of animations, audio projects, picture-based materials which include representation of diverse groups. 	LLR: Excelling



 Recorded webinars available for individuals who may prefer this (e.g. individuals with neurodiverse conditions). Robust reasonable adjustment process, ensuring patients requests for reasonable adjustments are met e.g., change of location to make support more accessible, lift access and hearing loops. Marriage and Civil Partnership Couples therapy links with perinatal pathway looking at treating the family unit rather than the individual.
 Domestic Abuse Awareness Training delivered twice a year at whole service meeting. PDF screen saver with local domestic abuse contact details.
 Joint MDT work with local domestic abuse charities. Training on honour-based violence and forced marriage to recognise specialist needs of those impacted.
Pregnancy, Maternity, Paternity
 Pre-natal and post-natal waitlist prioritisation. Dedicated post-natal webinar co-produced with the health visiting lead.
 Flexible appointments to best accommodate around childcare, including breaks between or during sessions. Direct link to perinatal mental health team to allow
escalation and de-escalation between teams as well as discussion of referrals.
 Offering face to face appointments in a children's centre as an accessible venue. Practitioners undertaking additional top-up training in
 Perinatal mental health. Perinatal Wellbeing Champion (attending Multi-Disciplinary Team meetings).



	 2-day training for all practitioners in September 2022 by Perinatal Mental Health Team. 	
	 gion/Belief Practitioners make effort to understand religion and how religion may affect treatment. Adapting for prayer time with appointment booking and rescheduling. Responsive to requests for service users to have a male or female practitioner. 	
Sex	Responsive to requests for service users to have a male or female practitioner.	
	 Asking patients whether their sexual orientation is something that they want to feature in their therapy. 	
Gen	der Reassignment	



	 Asking patients whether their gender is something that they want to feature in their therapy. 		
	Complaints & Incident Stats?	Calderdale: Achieving	
	Zero Tolerance Policy & Training.Safeguarding Policy & Training including more specialist	B&B: Achieving	
1C: When patients (service users) use the service, they are free from harm	 training such as PREVENT, clinicians are trained to Level 3 safeguarding and clinical leads to Level 4. There is also a named professional for safeguarding awareness within services. Governance, Quality & Risk meetings held on a monthly basis to review trends and share best practice. Clinical Lead for safeguarding and risk with Regional & National Leads available for escalation. Clinical Duty system to screen service users presenting with risk at assessment and provide on call support for risk/safeguarding concerns. Therapists assess risk and update IAPTus notes at assessment and after each treatment session using a template, with compliance checked via a Clinical Notes Audit system. The audits also take into consideration individuals with protected characteristics. Robust supervision process that prioritises patients presenting with risk including weekly supervision for clinicians as well as supervision for supervisors. Duty and Clinical Lead provide training updates on risk management at whole service meeting and have produced training videos on how to document risk on IAPTus. Further consideration of risk for LTC training has also been 	LLR: Excelling	



	 Inter-disciplinary working with appropriate services and professionals such as domestic abuse charities and local authorities, ensuring appropriate referrals are made and joint working takes place where needed to help safeguard service users. Robust procedures and processes are in place for reviewing incidents and complaints, ensuring that action plans and learning are developed. 	
	Feedback January 2022 – January 2023:	Calderdale: Achieving
	B&B	B&B: Developing
	Patient Experience Questionnaire	Bab. Developing
	96% (521/543) of patients completing treatment and completing a Patient Experience Questionnaire were satisfied.	LLR: Excelling
	Friends and Family Test	
	79% (445/596) of patients completing a Friends and Family Test	
1D: Patients (service users) report positive	survey rated the overall service as Good or Very Good.	
experiences of the service	Calderdale PEQ	
	76% with an overall rating of "good" or "very good".	
	80% with an admin rating of "good or "very good".	
	72% with a venue rating of "good" or "very good".	
	"Did staff listen to you and treat your concerns seriously?"94% - "At all times".	



• 3% - "Most of the time".
 "Do you feel that the service has helped you to better understand and address your difficulties?" 61% - "At all times". 20% - "Most of the time". 10% - "Sometimes".
 "Did you feel involved in making choices about your treatment and care?" 77% - "At all times". 11.5% - "Most of the time". 2% - "Never".
 "On reflection, did you get the help that mattered to you?" 68% - "At all times". 16% - "Most of the time". 8% - "Sometimes".
 "Did you have confidence in your therapist and his/her skills and techniques?" 84% - "At all times". 11% - "Most of the time".
 LLR: All patients are encouraged to give feedback, we strive to put things right when service users are not happy and have robust processes in place to deal with incidents and complaints. There is some fantastic feedback that we have, for example, to give a snap shot of some of the positive comments: "My



	 therapist Mrs*** was professional, she listened and she knew what she was talking about. An asset to your company" and "**** was beyond excellent, she understood me, she allowed me to safely experience and process my emotional triggersshe is an angel in human form!" 		
Domain 1: Commissioned or provid	ed services overall rating	8.3 (average across services)	



Domain 2: Workforce health and well-being

Domain	Outcome	Evidence	Rating	Owner (Dept/Lead)



2A: When at wor provided with sum manage obesity, asthma, COPD an health conditions	upport toAdvisorv, diabetes,-Reasonable Adjustments assessment (based orand mentalthe MQ) by People Services Team	
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	 Overtime opportunities being made available across the organisation, with the option to work outside of your usual team Health and Wellbeing hub which includes tips and guidance on how to manage your day-to- day working life Employees benefit portal Bluelight card Nationwide gym discount Online classes Silvercloud Remploy Able Futures Wecare HSE stress assessment 	
2B: When at work, staff are free from abuse, harassment, bullying and physical violence from any source	Percentage agreeing with statement in staff survey:Admin - 72%MSK - 54.28%BNSSG - 72.65%LLR - 76.47%WE - 83.87%B&B - 81.39%AQPs - 80.39%Freedom to Speak Up Guardians-Equality and Diversity in the Workforce Policy-Zero Tolerance Policy-Bullying and Harassment PolicyUnderstanding and challenging microaggressions workshop	Achieving



2C: Staff have access to	- Equality and Diversity monitoring form	Developing
independent support and	- Zero tolerance policy	
advice when suffering from	- Bullying and harassment policy	
stress, abuse, bullying	- Complaints, Incidents & Feedback form used to	
harassment and physical	discuss feedback, incidents, complaints,	
violence from any source	information security issues or concerns, health	
	and safety issues as well as feedback, queries or	
	concerns relating to EDI	
	- EDI suggestions, comments & feedback	
	- Domestic violence policy	
	- Freedom to speak up guardians	
	- Support networks (Diverse-Ability, Race	
	Equality, WITA, LGBTQIA+, Carers, Faith)	
	- Equality and diversity in the workforce policy	
	- Reasonable adjustments assessment	
	- Monthly one-to-ones with LM and supervision	
	for clinical colleagues	
	- Braford reports	
	- Occupational Health referral	
	- Mindfulness sessions	
	- 24/7 EAP helpline	
	- Mental Health Advocates	
	- Online classes	
	- Silvercloud	
	- Remploy	
	- Able Futures	
	- Access to Work	
	 Health and Wellbeing hub 	
	- Wecare Health: 24/7 GP access, second medical	
	opinion, smoking cessation	
	 Wecare Mental health: Burnout prevention, 	
	mental health support, life events counselling	



		 Wecare wellbeing and health living: Healthy diet, get fit programme, diet support Wecare financial and legal support HSE stress assessment 		
	2D: Staff recommend the organisation as a place to	Percentage agreeing with statement in staff survey:	Developing	
,	work and receive treatment	Admin – 94%		
		MSK – 88.23%		
		BNSSG – 73.43%		
		LLR – 66.66%		
		WE – 77.41%		
		B&B – 97.67%		
		AQPs – 100%		
Domain 2: \	Workforce health and well-bein	ng overall rating	5	



Domain 3: Inclusive leadership

Domain	Outcome	Evidence	Rating	Owner (Dept/Lead)



3A: Board members, system leaders	EDI and Sustainability Director:	
(Band 9 and VSM) and those with line	- Regular attendance at colleague diversity	
management responsibilities routinely	network meetings, including but not	
demonstrate their understanding of, and	limited to the Race Equality Network and	
commitment to, equality and health	WITA network. This provides me with	
inequalities	the opportunity to engage with	
	colleagues from diverse backgrounds	
	and gain an understanding of their	
	experience both in a work and personal	
	context. This then enables me to be	
	more aware of issues of challenges	
	colleagues may face and gain insights	
	into potential solutions. I am aware of	
	other VSM also participating in and	
	attending meetings. (Attendance	
	evidence can be provided on request)	
	- Regular attendance at EDI education	
	events and self-directed learning via	
	watching back recordings of events I've	
	been unable to attend in person.	
	Participating in these learning	
	opportunities as a VSM has enabled me	
	to broaden my competencies around EDI	
	whilst also modelling behaviours VHG	
	would like to see in all colleagues e.g.	
	prioritising learning around EDI. I am	
	aware that there are other VSM	
	managers also engaging with the subject	
	matter in this way. (Attendance evidence	
	can be provided on request)	



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 As a VSM I also further demonstrate my commitment by posting content or visibly engaging with EDI related content that is posted by others on internal communication channels such as Yammer. I again believe this model desired behaviours by indicating an interest in EDI, promoting its importance to the wider business and amplifying the voices of others. Again, I am aware of other VSM also doing this. Further examples of demonstrating a commitment to EDI includes the dissemination of companywide comms on EDI matters, such as video updates or company newsletters. I have curated or promoted a number of these and I'm also aware of other VSM raising or commenting on EDI issues within their own communications. A further example would be VSM involvement with EDI policy development/sign off/ratification – examples of this would include EDI informed recruitment processes/policy and the Miscarriage, Stillbirth and Neonatal death policy. 		
Due diligence criteria document: Details effects of the below at small/local, clinical and integral to model or national/high visibility levels.		



- Meds Management



3B: Board/Committee papers (including	EDI and Sustainability Director: I am aware of	
minutes) identify equality and health	board or committee papers identifying equality	
inequalities related impacts and risks	and health inequality related risks and impacts.	
and how they will be mitigated and	Examples of this include:	
managed		
	- The Quality Review Group functions as a	
	committee focussed on quality, risk and	
	governance across the business. Agenda	
	for this group formally include issues	
	around EDI which can be escalated	
	accordingly to the executive team. Issues	
	and risks around EDI are discussed and	
	recorded.	
	- EDI Risk Register	
	- Freedom to Speak Up falls under the	
	remit of the EDI function within VHG.	
	Freedom to Speak Up is reported back to	
	the executive management team via a	
	paper or report deck at agreed intervals.	
	Papers include identification and analysis	
	of the issues and risks, including and	
	equality diversity and inclusion issues.	
	- Papers on EDI issues such as WRES and	
	WDES are disseminated to the executive	
	management team.	
		1



3C: Board members and system leaders	Several levers are in place to manage	
(Band 9 and VSM) ensure levers are in	performance and monitor progress with	
place to manage performance and	colleagues and patients including:	
monitor progress with staff and patients		
	- Further investment in EDI team and	
	resource allocation within services to	
	deliver on EDI objectives	
	 Ongoing work on key audit tools 	
	including WDES and WDES	
	- Further development of EDI training	
	resources to upskill staff and improve	
	performance	
	- Implementation of positive practice	
	guidelines to address health inequalities	
	and audit against recognised standards	
	- Collection of staff survey data with	
	specific EDI related breakdown – analysis	
	currently underway with subsequent	
	action plan to be developed	
	- Newly formed Quality Group – fixed EDI	
	agenda item, including review of EDI risk	
	register	
	- Closer working between EDI and HR	
	Senior managers	
	- Review and restructure of Freedom to	
	Speak Up and Health and Wellbeing	
	functions	
	- Establishment and maintenance of many	
	feedback mechanisms include direct	
	routes to access VSM. (Freedom to speak	
	up, performance and wellbeing	



	meetings, colleague network forums, policy development forums, askderrick@vhg.co.uk)	
Domain 3: Inclusive leadership overall rating		
Third-party inv	volvement in Domain 3 rating and review	
Trade Union Rep(s):	Independent Evaluator(s)/Peer Reviewer(s)	



: 31/01/2019

EDS Organisation Rating (overall rating):

Organisation name(s):

Those who score under 8, adding all outcome scores in all domains, are rated Undeveloped

Those who score between 8 and 21, adding all outcome scores in all domains, are rated Developing

Those who score **between 22 and 32**, adding all outcome scores in all domains, are rated **Achieving**

Those who score 33, adding all outcome scores in all domains, are rated Excelling



: 31/01/2019

EDS Action Plan			
EDS Lead Year(s) active			
Head of Service – People services Team	2023 – 2024		
EDS Sponsor	Authorisation date		

Domain	Outcome	Objective	Action	Completion
				date



Domain 1: Commissioned or provided services	1A: Patients (service users) have required levels of access to the service	Interpreter integration at level of access during online referral for all services. If possible, to identify/make use of same interpreter where multiple sessions are needed. Improve access for older adults. Improve access for men. Improve access for those from Asian communities.	Use radio programmes to raise awareness of the service for older people. Proposal for enhanced marketing activity exploring marketing via pharmacy, social media etc. Prioritizing engagement events with older adults, men and Asian communities. Review marketing materials focusing on making the first step in contacting the service. Older adults champion to join Aging	
Commissi			Well meetings. Visiting and campaigning with barbers.	
omain 1:	1B: Individual patients (service users) health needs are met	Communication and integration of champions across services.	Clarify to external agencies regarding our remit and limitations of the service.	
		To clarify the limits of the service Design service with service users in mind	The creation and integration of focus groups for service users.	
	1C: When patients (service users) use the service, they are free from harm	To collect and analyse risk by protected characteristic.	Quality improvement plans from incidents, near misses and complaints by protected characteristics	

1D: Patients (service users) report positive experiences of the service	Investigate patient feedback forms to improve ability to differentiate between protected characteristics.	Investigate through different forms of feedback – patient forums, steering groups, etc.	
	Improve data collected for service users.	Mandatory data collection for protected characteristics.	
	Annual review of feedback for each protected characteristic.	Bespoke quality improvement plans from friends and family and PEQ feedback by protected characteristics.	



Domain	Outcome	Objective	Action	Completion date
Domain 2: Workforce health and well-being	2A: When at work, staff are provided with support to manage obesity, diabetes, asthma, COPD and mental health conditions	Greater clarity/advertising of all support which can be offered to staff so that staff are more aware of everything available to them.	Information is on the intranet, however aware that this is sometimes split up. Think about actions to highlight all the support available. A banner or a central pool of resources were both suggested by stakeholders, as well as a "top tips" style email which is sent out throughout the year. "Health check" that the company could organise - check blood glucose levels, weight, BMI, etc. Improve promotion of all resources available to managers so that they understand the full breadth of what is available for their staff and can then signpost.	
	2B: When at work, staff are free from abuse, harassment, bullying and physical violence from any source	Stakeholders identified that we should focus on feedback given while colleagues are leaving. Unfortunately, a reality that when staff leave an organisation is when they feel most empowered to speak honestly about what they're going through.	Exit interviews to be completed on a more regular basis. Looking at how to allocate support to ensure colleague experience is improved before they decide to leave.	



2C: Staff have access to independent support and advice when suffering from stress, abuse, bullying harassment and physical violence from any source	Like domain 2A, stakeholders felt satisfied with the resource available but wanted it to be more widely advertised.	Information is on the intranet, however aware that this is sometimes split up. Think about actions to highlight all the support available. A banner or a central pool of resources were both suggested by stakeholders, as well as a "top tips" style email which is sent out throughout the year.	
2D: Staff recommend the organisation as a place to work and receive treatment	Greater communication around organisational changes, etc., alongside some more time between communication and changes being made. A more comprehensive induction package could be offered in order to support new colleagues as they find their footing within the organisation.	Appraisal to be made based on induction packages and communication strategy.	



Domain	Outcome	Objective	Action	Completion date
Domain 3: Inclusive leadership	3A: Board members, system leaders (Band 9 and VSM) and those with line management responsibilities routinely demonstrate their understanding of, and commitment to, equality and health inequalities			
	3B: Board/Committee papers (including minutes) identify equality and health inequalities related impacts and risks and how they will be mitigated and managed			
	3C: Board members and system leaders (Band 9 and VSM) ensure levers are in place to manage performance and monitor progress with staff and patients			

